

About Us:

Minnetonka Pediatric Therapy Center specializes in pediatric occupational, physical, and speech-language services. These services are expertly performed by licensed therapists who have extensive post-graduate experience and trainings for newborns through young adults.

Our Mission:

We are committed to providing innovative, specialized approaches to occupational, physical and speech-language therapy.

We recognize the importance of educating and empowering children, families, and the community.

We create an atmosphere to help children explore, learn and interact with their world so they can maximize their potential.

We partner with you, your pediatrician, and everyone involved with your child's life for the most consistent, positive results.



Making an Appointment

To schedule an evaluation, consultation, therapy appointment, or to refer a client, please contact us at 763-595-0812 or via email at info@minnetonkatherapy.com.

*Contracted with all major insurance carriers



Our Services:

Occupational Therapy

OT's use purposeful, developmentally appropriate activities to promote the "occupations" of childhood – play, self-care, social abilities, and learning. OT's assess and treat sensory processing, self-care skills, visual perceptual abilities, visual motor skills, fine and gross motor skills, and social skills.

Speech Therapy

Communication skills are one of the most important elements to socializing and creating valuable relationships. For the child faced with speech impairments, we aim to give strategies and skills to effectively interact, engage, play, learn, and communicate daily. The SLP's assess and treat articulation, cognition, feeding and swallowing skills, receptive and expressive language disorders, pragmatic language skills, auditory processing skills, orofacial myofunctional disorders, fluency, and augmentative communication. We begin treating infants with feeding disorders as young as 3 weeks of life.



Physical Therapy

PT's focus on the ability and quality of gross motor activities related to movement. Their role is to evaluate, treat, and offer interventions toward achieving the highest functional outcome for each child. Treatment sessions focus on improving gross motor skills, balance, coordination, strength, and endurance.



Infant Massage

This class is offered to families with infants from birth to crawling. The class is led by a PT on staff. Infant massage encourages deeper, longer sleep patterns, teaches the importance of relaxation, and promotes attachment. It also relieves fussiness, reflux, and emotional stress.

Specialty Programs

Yoga

Yoga facilitates core strength, postural stability, balance, flexibility, and increased breath support, which leads to increased self awareness, attention, and self confidence. The poses are used to either calm or arouse the child to help them focus and improve their attention for optimal learning. The exercises learned in class are carried over into the child's ST, OT, or PT session at MPTC or into their routines at home.

Yoga can be very beneficial for children with Down syndrome, non-verbal children, children with attention disorders, sensory processing disorders, motor based disorders (cerebral palsy, seizure disorders, etc.), and those on the autism spectrum.

Social Group

Adolescents gather in a nurturing and therapeutic environment to learn how to develop and maintain friendships, handle anger, make decisions, identify and label feelings and resolve conflict.

Letter Camp

Handwriting Without Tears is a writing curriculum for pre-k through 3rd grade. It is a multi-sensory and developmental approach used by grouping letters in similar formation.

Picky Eaters Club

This is a time when 2-4 clients with documented feeding disorders learn through peer mentoring and modeling, how to enjoy and safely eat and/or drink a variety of flavors and textures. Groups are put together based on age and skill levels.